



Mr. Iron Alphaious Simmons

June 6, 1931 - April 26, 2020

SIMMONS, Mr. Iron Alphaious - Age 88, passed away Sunday, April 26 at his residence in Grand Blanc, Michigan. A private viewing will take place.

Iron Alphaious Simmons "Al", Son of Louis Frank Simmons Sr. and Lone Verdun was born June 6, 1931 in Verdunville, Louisiana. When Al was a toddler his mother and older brother, Louis Frank Simmons Jr. relocated to Flint Michigan. There he lived with his mother's family where he learned the ethics of hard work and the value of a dollar. He served as an altar boy at Christ The King Catholic Church with his brother Louis until college. He was educated in the Flint Public School system and became a star athlete while attending Flint Central High School earning a football scholarship to Xavier University of Louisiana.

In 1950 Al was drafted in the Korean War and served for two years before returning to Flint Michigan where he was hired at General Motors and met his devoted wife Mae Vivian Johnson-Simmons (deceased). He often told the story of how he met Mae at a party and several weeks later saw her walking down the street "looking Fine." They married less than two years later and welcomed 4 children Bruce, Cindy, Eric and Alecia.

During Al's teen years he worked at the Flint Country Golf Club and later the Warwick Hills Golf and Country Club where he developed the love for golf and

later became a member of Vehicle City Golf Club where he participated in many golf tournaments. He never missed a Masters.

He was a devoted family man and was an active participant in all his children and grandchildren's lives. Always out front giving advice and cheering them on. Al was an avid swimmer and spent many summers teaching his children and grand children how to swim in the family pool. Summer vacations were spent traveling with his wife Mae, children and later grandchildren all over the country.

His wife, Mae was very active in many organizations and he loved traveling with her and participating in her many newsworthy events. After retiring they spent the winter months in Florida and Las Vegas with their lifelong friends the Garrett's.

Al loved his Verdun and Metcalfe family. Every Sunday after church with family in tow he would stop by and visit his many uncles, aunts and cousins. He loved his Older brother Louis and was often found bragging about Louis's career success as a prominent Atty and Judge. Baby sister Toni was 20 years younger and he always tried to be a helpful big brother.

Al was a good honest man, a people person and often the life of the party. His laugh was contagious, and he always had a joke to share and a story to tell. If you were looking for the truth, ask Al he'd tell you. His philosophy was to treat others like you would want to be treated. After retiring from GM he volunteered his time at Saint Vincent De Paul handing out food and furniture to those in need.

God Bless his soul. He will be dearly missed.

Al leaves to cherish his loving memory 4 devoted children , Bruce Simmons,

Cynthia Simmons-Bagley (Michael), Eric Simmons, Alecia Simmons-Moore. 5 grandchildren, Shakira Simmons-Jansen (Wouter) and family, Brandon, and Bruce Jr. Simmons(deceased), Eddie Moore, Michael Al (Michelle)and Kristopher (Ebony) Bagley , 7 great grandchildren Brandon Pardee, Madison, Malaya, Micah, Khloe and Kristopher Jr. Bagley, Laila Simmons, devoted and loving companion Marsha Shine, sister Toni T. Hamilton, Sister-in-law Carrie Simmons, Virginia Elbert and Brian, Cousin Chuck Metcalfe: and host of other family and friends.

Tribute Wall



“ *Mr. Iron Alphaious Simmons*

October 09, 2023 at 07:02 AM



“ *Al was one of those special people who made me smile when I worked at Christ the King. Always kind, always pleasant.*

My condolences to the family.



Lydia Miles - May 07, 2020 at 02:47 PM



“ *Thank you for letting me be apart of the extended family. The love that your mother and father showed to me during my time of need. They will be truly missed. Mr. Simmons was the life of the party...especially when he danced. Thanks for the memories. My family's thoughts and prayers are with you all in your time of need. Love Always SHAWN and The Entire SMILEY Family*

SHAWN SMILEY - May 07, 2020 at 12:23 PM



“ *Kermit & Genell (Crain) Reeves lit a candle in memory of Mr. Iron Alphaious Simmons*



Kermit & Genell (Crain) Reeves - May 05, 2020 at 11:12 AM

WS

“ *Woodrow and Reta Stanley*



woodrow stanley - May 05, 2020 at 09:23 AM

JB

“ *3 files added to the tribute wall*



Jonice Butler - May 04, 2020 at 09:57 PM

MS

“ *To the Simmons Family,*

Words can't express the pain and sympathy I feel for the loss of your father and my dear precious friend...Mr. Simmons. May your hearts soon be filled with special memories of the great times you enjoyed with him as we celebrate his life. He was so proud to be a father and grandfather...it was his greatest achievement and each of you meant the world to him! Our loss, however, is HEAVEN'S GAIN.

*GOD Bless,
Marsha Shine*

Marsha Shine - May 04, 2020 at 09:34 PM

PS

“ *Al was a great brothers-in-law. I enjoyed his sense of humor. Al and his brother Louis were very close. May he Rest In Peace.*
Love,
Carrie

Patricia Simmons-bouey - May 03, 2020 at 06:01 PM

PS

“ *3 files added to the tribute wall*



Patricia Simmons-bouey - May 03, 2020 at 05:57 PM



“ *Beautiful in Blue was purchased for the family of Mr. Iron Alphaious Simmons.*



May 03, 2020 at 12:38 PM

RA

“ *We send our love and condolences in memory of Mr. Simmons. What a great family we have been blessed to know over the years. Our prayers that God will keep you all in His loving care.*

The Ruddock Family and Jim and Ruth Adams Family

Ruth Adams - May 03, 2020 at 10:28 AM

ER

“ *Estella Lee Renfroe lit a candle in memory of Mr. Iron Alphaious Simmons*



Estella Lee Renfroe - May 03, 2020 at 10:00 AM

ET

“ *Ernelle Taylor lit a candle in memory of Mr. Iron Alphaious Simmons*



Ernelle Taylor - May 03, 2020 at 08:31 AM

DF

“ *Dr. Steve James And Family. lit a candle in memory of Mr. Iron Alphaious Simmons*



Dr. Steve James and family. - May 01, 2020 at 11:38 PM

DJ

“ *Dr. Steve, Gail, And Deon James lit a candle in memory of Mr. Iron Alphaious Simmons*



Dr. Steve, Gail, and Deon James - May 01, 2020 at 11:36 PM

KR

“ *Kendall E Reaves lit a candle in memory of Mr. Iron Alphaious Simmons*



Kendall E Reaves - May 01, 2020 at 10:54 PM

CS

“ *Cathryb Williams Sanders lit a candle in memory of Mr. Iron Alphaious Simmons*



Cathryb Williams Sanders - May 01, 2020 at 08:56 PM

LB

“ *Lloyd And Vanessa Brackins lit a candle in memory of Mr. Iron Alphaious Simmons*



Lloyd and Vanessa Brackins - May 01, 2020 at 12:23 PM

RW

“ *Regina Williams lit a candle in memory of Mr. Iron Alphaious Simmons*



Regina Williams - May 01, 2020 at 12:32 AM

RR

“ Raymond And Roxe lit a candle in memory of Mr. Iron Alphaious Simmons



Raymond and Roxe - April 30, 2020 at 10:42 PM



“ My sincere and heartfelt condolences to Bruce, Cindy, Eric and Alecia and the entire family. I have fond memories of our parents and us sharing great times together. Your father was a good man! Cherish and share often your fond memories of your beloved father. My prayers are with you and God comfort you now and the days to come. Love, Cerese

Cerese Simpson Pennington - April 30, 2020 at 10:25 PM



“ Cerese Simpson Pennington sent a virtual gift in memory of Mr. Iron Alphaious Simmons



Cerese Simpson Pennington - April 30, 2020 at 10:21 PM

SE

“ Sandra Epps sent a virtual gift in memory of Mr. Iron Alphaious Simmons



Sandra Epps - April 30, 2020 at 10:00 PM

PS

“ Patricia Simmons-bouey lit a candle in memory of Mr. Iron Alphaious Simmons



Patricia Simmons-bouey - April 30, 2020 at 07:57 PM

KJ

“ Karen And Wendall Johnson lit a candle in memory of Mr. Iron Alphaious Simmons



Karen and Wendall Johnson - April 30, 2020 at 07:29 PM

RV

“ Rudolph Verdun lit a candle in memory of Mr. Iron Alphaious Simmons



Rudolph Verdun - April 30, 2020 at 06:34 PM

Angela Lab

“ Angela Lab lit a candle in memory of Mr. Iron Alphaious Simmons



Angela Lab - April 30, 2020 at 06:21 PM

RM

“ *Rosalie Metcalfe Marve lit a candle in memory of Mr. Iron Alphaious Simmons*



Rosalie Metcalfe Marve - April 30, 2020 at 06:08 PM



“ *Teresa Anthony lit a candle in memory of Mr. Iron Alphaious Simmons*



Teresa Anthony - April 30, 2020 at 03:24 PM

CJ

“ *Colleen Jenkins lit a candle in memory of Mr. Iron Alphaious Simmons*



Colleen Jenkins - April 30, 2020 at 03:22 PM

IB

“ *Ivy Blount lit a candle in memory of Mr. Iron Alphaious Simmons*



Ivy Blount - April 30, 2020 at 01:25 PM

SW

“ My precious Memory is the first day that I met Al his exact words were that he'd take good care of my mother and that he would be Good to her and I had nothing worry about. Al is a man of his word. He is a Man that I feel that is Genuine and of good character. We also had heart to heart chats about salvation, the Lord, and Eternity. He made it crystal clear that he was well versed concerning his Eternal Salvation. I will remember Al as a very Pleasant experience in my life. May the God of all comfort comfort this family as only he can do is my prayer during this season of such a great loss. ❤️🙏

Sherry Wheeler - April 30, 2020 at 08:49 AM

MT

“ Praying for the entire family during this time of bereavement.

God Bless,
Marcia & Bianca Teer



Marcia Teer - April 29, 2020 at 04:25 PM

BT

“ Betty Tipper lit a candle in memory of Mr. Iron Alphaious Simmons



Betty Tipper - April 29, 2020 at 02:05 PM

JJ

“ Judge Herman Marable, Jr. lit a candle in memory of Mr. Iron Alphaious Simmons



Judge Herman Marable, Jr. - April 29, 2020 at 01:03 PM

CS

“ Cathryn Williams Sanders lit a candle in memory of Mr. Iron Alphaious Simmons



Cathryn Williams Sanders - April 29, 2020 at 07:59 AM

KM

“ Kelvin M. Mackey lit a candle in memory of Mr. Iron Alphaious Simmons



Kelvin M. Mackey - April 29, 2020 at 04:14 AM

SW

“ My heart is so heavy right now. Cousin Al was definitely one of the good ones. As a teenager I spent a lot of time at Cousin Al & Cousin Mae's home and it's was always a fun, welcoming and loving time there. Our sincere condolences goes out to the family. We send all our love, hugs and prayers to you. We love you all.

Shaun Wright-Verdun and the family of Billie June Verdun-Wright



Shaun Wright-Verdun - April 28, 2020 at 10:58 PM

CM

“ Charles & Debroah Metcalfe lit a candle in memory of Mr. Iron Alphaious Simmons



Charles & Debroah Metcalfe - April 28, 2020 at 10:50 PM

JR

“ John, Tujunana & Nicholas Reaves lit a candle in memory of Mr. Iron Alphaious Simmons



John, Tujunana & Nicholas Reaves - April 28, 2020 at 10:10 PM

LB

“ Lisa Blakley lit a candle in memory of Mr. Iron Alphaious Simmons



Lisa Blakley - April 28, 2020 at 06:16 PM

JR

“ John And Tujunana Reaves lit a candle in memory of Mr. Iron Alphaious Simmons



John and Tujunana Reaves - April 28, 2020 at 04:38 PM

SM

“ Sara Metcalfe lit a candle in memory of Mr. Iron Alphaious Simmons



Sara Metcalfe - April 28, 2020 at 03:54 PM

AV

“ Aubrey Verdun lit a candle in memory of Mr. Iron Alphaious Simmons



Aubrey Verdun - April 28, 2020 at 03:08 PM

Cassandra Bowen

“ Cassandra Bowen lit a candle in memory of Mr. Iron Alphaious Simmons



Cassandra Bowen - April 28, 2020 at 12:50 PM

CK

“ Claudette Kennedy lit a candle in memory of Mr. Iron Alphaious Simmons



Claudette Kennedy - April 28, 2020 at 11:03 AM



“ *May his memory be a comfort to you all.*

Rachel Burns - April 28, 2020 at 10:03 AM

BK

“ *Brenda Kimble lit a candle in memory of Mr. Iron Alphaious Simmons*



Brenda Kimble - April 28, 2020 at 09:43 AM

SW

“ *Sherry Wheeler lit a candle in memory of Mr. Iron Alphaious Simmons*



Sherry Wheeler - April 27, 2020 at 07:14 PM

LR

“ *Our Sincere Sympathy From The Randall Family*



Lorene Randall - April 27, 2020 at 06:44 PM

CM

“ Curtis & Hilda Mitchell lit a candle in memory of Mr. Iron Alphaious Simmons



Curtis & Hilda Mitchell - April 27, 2020 at 06:04 PM

OG

“ Ondria Kirkxey Gillespie lit a candle in memory of Mr. Iron Alphaious Simmons



Ondria Kirkxey Gillespie - April 27, 2020 at 05:36 PM

PA

“ Bruce, Cindy, Eric & Alecia we all grew up together & Mae & Al were totally a part of that. The family fun we had. Al will surely b missed & may he rest in peace. The Lionel/Mary Verdun family: Linda/Leon, Faye*/Winda, Paula, Lionel Morris, Sherry*/Michael



Paula - April 27, 2020 at 05:26 PM

DP

“ Doretha & Alvin Phillips lit a candle in memory of Mr. Iron Alphaious Simmons



Doretha & Alvin Phillips - April 27, 2020 at 03:01 PM

VB

“ *Vanessa And Lloyd Brackins lit a candle in memory of Mr. Iron Alphaious Simmons*



Vanessa and Lloyd Brackins - April 27, 2020 at 02:25 PM

FS

Thank you from the family of Al Simmons

family of Al Simmons - May 03, 2020 at 08:28 PM