



## Mr. Alfred Lee Cook Sr.

January 5, 1938 - May 16, 2023

COOK, Mr. Alfred - Age 85, passed away Tuesday, May 16, 2023 at Hurley Medical Center. Family hour 10:00 AM Monday, May 22, 2023 at St. Paul Episcopal Church, 711 S. Saginaw St., with funeral service commencing at 11:00 AM. Pastor Juanita Crump, officiating. Interment Great Lakes National Cemetery, 4200 Belford Rd., Holly, MI. Friends and pallbearers will assemble at the church 10:00 AM. Monday. Mr. Cook will lie in state in the Chapel of Lawrence E. Moon Funeral Home, 906 W. Flint Park Blvd, and may be viewed from 10:00 AM - 4:00 PM - Sunday. Mr. Alfred Lee Cook Sr. was born January 5, 1938 in Vicksburg, Mississippi, the son of the late Elijah Cook and Queen Ella Bell. His mother Queen Ella (Bell) Cook died when he was 18 months old, and he and his brother were raised by their grandparents, Jim and Queen Ella Lewis (Bell). Alfred didn't start school until the age of 12 but was able to overcome social and educational stumbling blocks and later enrolled in Campbell Junior College in Jackson, Mississippi. His first year at Campbell College was more than challenging so he left to enlist in the United States Air Force, spending 4 years a Military Police and was Honorably Discharged in 1959. Alfred then returned to Campbell College, becoming involved in the Civil Rights Struggle. Alfred's passion and struggle in Civil Rights propelled his entry into Tougaloo College. He completed the 1960-61 academic years at Tougaloo as a 23-year-old sophomore biology major who dreamed of becoming a medical doctor. With the help of mentors like The President of the NAACP, Medgar Evers who worked with the group as an Advisor and with the

Chaplain at Tougaloo. The “Tougaloo Nine” was formed. During the sit-in Alfred and the eight members requested from librarians at the all-black George Washington Carver Library and the all-white Jackson Municipal Library a copy of “Bergeys Manual of Systematic Bacteriology.” First published in 1923, the manual is considered the “bible” for identifying unknown bacteria. Alfred still has his personal copy of the manual and knew when he requested it that the all-black-library would not have it. So, they planned a student sit-in at the Jackson Municipal Library because blacks weren’t allowed in. On March 27, 1961, the nine Black Tougaloo student were arrested for their attempt to integrate into the Jackson Mississippi Library through a peaceful sit-in. They were charged with disturbing the peace, fined \$100.00 each given a 30-day suspended jail sentence. The Tougaloo Nine Display can be viewed at the Mississippi Civil Rights Museum in Jackson, Mississippi and other museums across the country. A Freedom Trail Marker honoring the Tougaloo Nine was unveiled at a ceremony in Jackson, Mississippi on Thursday, April 17, 2017. The nine members were also honored with their Honorary Doctorate degrees during the May 2021 Commencement Ceremony at Tougaloo College. Alfred left Mississippi for Flint, Michigan and began working part-time at Hurley Hospital as a Laboratory Aide. He married his Tougaloo Sweetheart, Barbara Gill, together they have three children, Lisa, Cynthia and Alfred Jr. Alfred continued working at Hurley and attended the University of Michigan, where he received a BA in Biology and later a Master of Science in Medical Technology from Wayne State University to increase his likelihood of being accepted into medical school. He was licensed by the State of Michigan and the Federal Government Health Care Financing Administration (HCFA). These credential enabled him to open his own medical laboratory in the State of Michigan and the second in the country. In operation for over 20 years, The Lab grew exponentially to seven lab location throughout the state, employing over 100 individuals. Among his clients were local doctors, General Motors, The State of Michigan, City of Flint, Flint Community Schools, local hospitals, and many other organizations. Alfred was a Life Member of the Alpha Phi

Alpha Fraternity Epsilon Lambda Graduate Chapter in Flint, Michigan, serving twice as President. He also held several memberships in professional organizations and received many recognitions and awards: Rotary International, (Paul Harris Fellow) NAACP Life Member, Past Board Member of the Flint Area Chamber of Commerce, Organizer and Board Member of the Metropolitan Chamber of Commerce, American Public Health Association Membership, American Society of Clinical Pathologist, American Association of Clinical Chemistry, American Association of Bioanalysis, Urban League of Flint Certificate of Outstanding Support, Minority Business Award for MBL Laboratories, 7Up Bottling Company-Flint Olympian Association Golf Outing, Presidential Appointment to the Selective Service Board of Michigan, 1st Robotics Award and many more. Alfred went on to teach High School Biology at Central and Northern for 13 years, coaching the High School Golfing team and assisting the Robotics Team. Alfred joined his daughter Lisa in the business and became a licensed District Leader and Registered Representative with Primerica helping families with insurance and investment needs. He retired in 2010 from Flint Schools and 2019 from Primerica. Alfred grew up in church and spent over 20 years in the AME church later years to the Episcopal Church (St. Paul Episcopal Church) where he served on the Vestry, chaired the Financial Committee and sang in the Choir. He enjoyed working with the Outreach Ministry and feeding program on Tuesdays. Alfred loved being with family, He especially had a special love for his grandchildren and great-grandchildren. Alfred also loved golfing and sports. He was a big fan of University of Michigan College Football & Basketball Fan. Alfred enjoyed making his special BBQ Ribs and Macaroni. Alfred leaves to cherish his memory: daughter, Lisa Brantley, Cynthia Cook, both of Katy, TX; son, Alfred Cook Jr.; grandchildren, Simone, Trice, both of Atlanta, GA, Matthew Washington, Jessie Cook, both of Katy, TX, Briana (Adam) Givens, Malek Thornton, and Imani Hill, all of Katy, TX; great-grandchildren, Ava Givens, Aubrie Givens, Adam IV and Ahmee Givens; a host of cousins, other

relatives and friends. Alfred was preceded in death by his grandparents, Jim Bell and Queen Ella Bell (Lewis); parents, Elijah Cook and Queen Ella Cook (Bell); brother, Elijah Cook Jr.; nephew, Robert Earl Harris; cousins, Ben Bell and Greg Bell. The family would like to express special thanks to the Hurley Medical Center staff and the VA Home Staff Team that helped him. Also special thanks to his special friends, Barbara (Cook) Wesley and Carol Carthwright.

# Cemetery Details

## Great Lakes National Cemetery

G-4200 Belford Rd.  
Holly, MI 48442

# Previous Events

## Viewing

**MAY 21.** 10:00 AM - 4:00 PM (ET)

Lawrence E. Moon Funeral Home Chapel, Flint  
906 W. Flint Park Blvd.  
Flint, MI 48505  
(810) 789-MOON (6666)  
[lemoonfhflint@gmail.com](mailto:lemoonfhflint@gmail.com)  
<http://www.lawrenceemoonfuneralhome.com>

# Tribute Wall



“ *Mr. Alfred Lee Cook Sr.*

October 09, 2023 at 07:02 AM



“ *TO the Cook family:  
I am so sorry for your loss. Mr. Cook and my late father, Herman Marable, Sr. were friends, occasional golf partners, and professional colleagues. The two of them were among the first black medical technologists in the Flint area in the 1960's and early-1970s. Mr. Cook will certainly be missed in our community.*

**Judge Herman Marable, Jr.** - May 25, 2023 at 01:31 PM



“ *Judge Herman Marable, Jr. lit a candle in memory of Mr. Alfred Lee Cook Sr.*



**Judge Herman Marable, Jr.** - May 25, 2023 at 01:16 PM



“ *Al my left handed Golfing Buddy. We spent many hours playing rounds of golf at Flushing Valley in our younger years. I was always envious of his awesome swing and his ability to either draw or fade the ball. Some day soon we will tee it up on the Heavenly links.*

**George Wilson** - May 22, 2023 at 05:51 PM

CC

“ *Carla Clark lit a candle in memory of Mr. Alfred Lee Cook Sr.*



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**Carla Clark** - May 22, 2023 at 12:14 PM

PF

“ *We were neighbors. You always had the best yard in the subdivision. A kind person, professional and you will be greatly missed.*



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**Pierre Family** - May 22, 2023 at 09:33 AM

VB

“ *My condolences and prayers to the Cook family 🙏❤️*



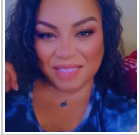
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**Vickie Broome** - May 22, 2023 at 09:12 AM

KT

“ *Keith & Pamela Tipper lit a candle in memory of Mr. Alfred Lee Cook Sr.*



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**Keith & Pamela Tipper** - May 22, 2023 at 09:07 AM



“ Stephanie Abrams lit a candle in memory of Mr. Alfred Lee Cook Sr.



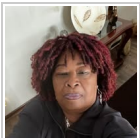
Stephanie Abrams - May 21, 2023 at 03:48 PM



“ Anita Riley lit a candle in memory of Mr. Alfred Lee Cook Sr.



Anita Riley - May 21, 2023 at 12:04 PM



“ Linda English lit a candle in memory of Mr. Alfred Lee Cook Sr.



Linda English - May 21, 2023 at 12:01 PM



“ P. Cavette lit a candle in memory of Mr. Alfred Lee Cook Sr.



P. Cavette - May 21, 2023 at 10:07 AM

DF

“ *Deepest Condolence To The Cook Family!  
Prayers for your strength!*



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**Deborah Fisher-Grant** - May 21, 2023 at 08:06 AM

EB

“ *Eddie Linda Booth lit a candle in memory of  
Alfred Cook*



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**Eddie and Linda Booth** - May 21, 2023 at 03:19 AM

RJ

“ *Flint Northern Golf team, lit a candle in  
memory of Mr Alfred Cook.*



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**Roseann Jones** - May 20, 2023 at 07:20 PM

BA

“ *Mr. Cook was our neighbor in Wynnwood. He was the first to greet  
us when we moved in. He was always so pleasant and very proud  
of his Alma Mater, U of M! Extending our sincerest condolences and  
prayers to the family.*

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**Bertram and Angela Adams** - May 20, 2023 at 06:46 PM

BA

“ *Bertram Angela Adams lit a candle in memory of Alfred Cook*



**Bertram and Angela Adams** - May 20, 2023 at 06:41 PM

JL

“ *Jessica Lee lit a candle in memory of Alfred Cook*



**Jessica Lee** - May 20, 2023 at 06:38 PM

BG

“ *Benda Greer lit a candle in memory of Alfred Cook*



**Benda Duckett Greer** - May 20, 2023 at 06:16 PM

CC

“ *2 files added to the tribute wall*



**cynthia cook** - May 20, 2023 at 12:29 PM

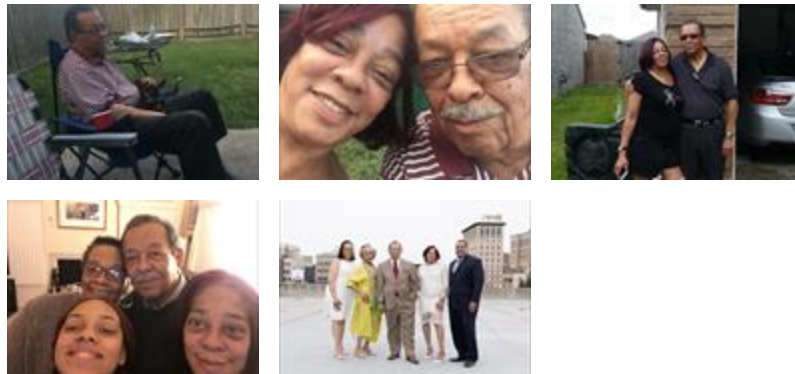
FT

“ *Condolences to Al’s family. Al and I first met 60 years ago when he was working part-time evenings at the drug store while completing his medical technologist internship at the hospital. I had been hired as a stock boy while in high school. Al always had kind words and gentle advice. We were honored to be invited to Al’s 80th birthday party.*

Fred Tarver - May 20, 2023 at 09:20 AM

CC

“ *29 files added to the tribute wall*



cynthia cook - May 20, 2023 at 07:51 AM

JG

“ *Lisa, Cindy, and Cookie we are so sorry for your loss.  
Jennifer Campbell-Gray & Andrea Gray*

Jennifer Gray - May 20, 2023 at 01:52 AM

GA

“ Gloria Acker lit a candle in memory of Alfred Cook



Gloria Acker - May 19, 2023 at 03:57 PM

GA

“ Gloria Acker sent a virtual gift in memory of Alfred Cook



Gloria Acker - May 19, 2023 at 03:56 PM

CC

“ Rest in Paradise Daddy💕💕

cynthia cook - May 19, 2023 at 09:27 AM

LB

“ Loretta Black lit a candle in memory of Mr. Alfred Lee Cook Sr.



Loretta Black - May 19, 2023 at 09:01 AM

JK

“ *Condolences and prayers for the Cook family and all those mourning Mr. Cook's passing. May your memories bring comfort.* ”



Julie Koger - May 19, 2023 at 08:47 AM

JR

“ *Prayers from James and Gwendolyn (Delores) Richardson and family.* ”



James and Gwendolyn Richardson - May 19, 2023 at 07:49 AM

AL

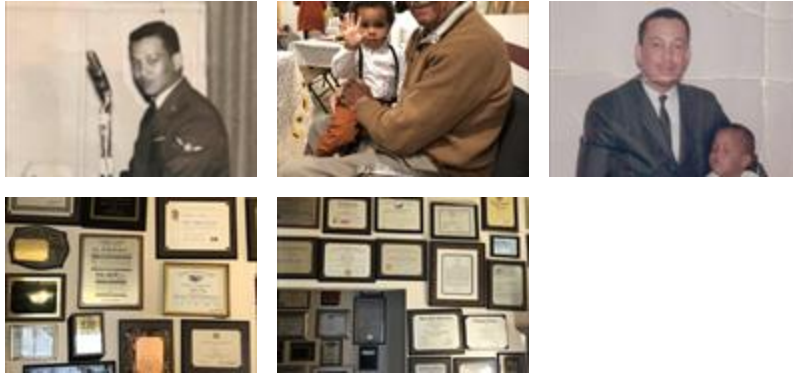
“ *4 files added to the tribute wall* ”



Alfred - May 18, 2023 at 07:38 PM

AJ

“ 18 files added to the tribute wall



Alfred Jr - May 18, 2023 at 06:19 PM

BT

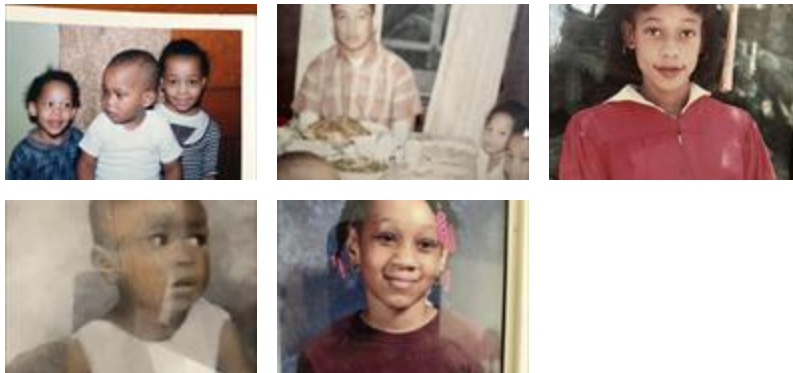
“ Betty Tipper lit a candle in memory of Mr. Alfred Lee Cook Sr.



Betty Tipper - May 18, 2023 at 03:25 PM

AJ

“ 6 files added to the tribute wall



Alfred Jr - May 18, 2023 at 12:51 PM

AJ

“ 11 files added to the tribute wall



Alfred Jr - May 18, 2023 at 12:42 PM

AB

“ Althea Barbee lit a candle in memory of Alfred Cook



Althea J Barbee - May 18, 2023 at 11:36 AM

BP

“ I first met Mr. Cook at Hurley Med. Ctr. where we worked. At that time he was working in the Lab. I sent a specimen to be tested because I thought I might be pregnant. Sure enough Mr. Cook came & told me " Congratulation you're going to have a baby " We became friends. It was a joy when he joined Quinn Chapel AME where I was already a member. He was always a kind, pleasant person. My condolences to his family. RIH The Chambry Family.



Betty Perkins - May 18, 2023 at 10:43 AM

TW

“ Lisa, Cindy, Cookie and the entire family of Mr. Cook you are in my thoughts and prayers during your time of bereavement and thereafter. May God give you the strength and comfort in your time of need.



Tamera Wade - May 18, 2023 at 08:25 AM

LF

“ Our sincere condolences to the entire Cook family. May the peace of God comfort you through it all.



Lewis Driskell, Sr. & Family - May 17, 2023 at 11:37 PM

CC

“ 2 files added to the album A few of my memories of Alfred Cook's extraordinary life



Carol S Cartwright - May 17, 2023 at 11:28 PM

EM

“ Eusett Waddell Miller lit a candle in memory of Mr. Alfred Lee Cook Sr.



Eusett Waddell Miller - May 17, 2023 at 11:01 PM

YC

“ Your friend, Carol Cartwright purchased the Crystal Cross Bouquet for the family of Mr. Alfred Lee Cook Sr..



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**Your friend, Carol Cartwright** - May 17, 2023 at 07:29 PM

RM

“ Lit a candle for Mr Alfred A. Cook, my condolences to the family.



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**Rudolph wheaton, DDS, MPA** - May 17, 2023 at 07:28 PM

CG

“ Carol Gardner lit a candle in memory of Mr. Alfred Lee Cook Sr.



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**Carol Gardner** - May 17, 2023 at 07:10 PM

SF

“ Sarah Hunter-Tucker & Family lit a candle in memory of Mr. Alfred Lee Cook Sr.



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**Sarah Hunter-Tucker & Family** - May 17, 2023 at 06:54 PM

BK

“ *Brenda Kimble lit a candle in memory of Mr. Alfred Lee Cook Sr.*



**Brenda Kimble** - May 17, 2023 at 06:48 PM

VS

“ *Valerie Southall lit a candle in memory of Mr. Alfred Lee Cook Sr.*



**Valerie Southall** - May 17, 2023 at 04:54 PM

TC

“ *To the entire Cook family, you guys have my deepest condolences. May the Lord God Bless and Keep You.*



**Tracey Cavette** - May 17, 2023 at 03:54 PM

SP

“ *Sheila Phillips lit a candle in memory of Mr. Alfred Lee Cook Sr.*



**Sheila Phillips** - May 17, 2023 at 12:24 PM

PR

“ *To the Cook Family:*

*I was sorry to hear about the passing of your loved one. Death is liken to a thief that comes and takes away our love ones. Or due to old age and sickness we lose that precious quality of life that leads to death.*

*However, have you ever asked: Is death the end of it all? Or is there something else after death? The bible clears up any question we might have about death. It also shows that there is a real hope for persons who have faith.*

*Yours truly,  
Patricia*



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**Patricia A Rison** - May 17, 2023 at 10:41 AM

SF

“ *Prayers and condolences to the family.  
Remembering Mr.Cook through Michigan  
Biomedical lab.*



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**Sharon Fleming** - May 17, 2023 at 10:14 AM



“ *Brenda Dilworth lit a candle in memory of Mr.  
Alfred Lee Cook Sr.*



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**Brenda Dilworth** - May 17, 2023 at 09:58 AM

MS

“ Sending my deepest prayers to you and your family during this time. Sending my love



Monica Southward - May 17, 2023 at 09:37 AM

AD

“ My sincerest thoughts and prayers are with the entire family during their time of bereavement!

AC Dumas - May 17, 2023 at 09:11 AM

CC

“ 8 files added to the album A few of my memories of Alfred Cook's extraordinary life



Carol S Cartwright - May 17, 2023 at 03:49 AM